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Chinese Cookbook: Top 25 Real Home Cooking Chinese Recipes



Synopsis

A common misconception amongst the Western people regarding Chinese cuisine is that they often consider it to be of a completely distinct and unique breed! While all of the ingredients use ginger, spring onions, garlic, soy sauce, sugar, sesame oil, vinegar and bean paste, they always tend to combine everything through a highly distinctive method which alters the flavor to a great degree. Staple foods of Chinese cuisine include but are not limited to Rice - Primarily grown in Southern China, Rice is eaten by Chinese people almost every day. This is considered to be one of the major staple food in China. Noodles - Noodles are considered as the basic staple food in China and they adore these, particularly in the Northern regions. Tofu - Alternatively known as Bean Curd. These are made from water, curdling agent and soy milk and are good sources of protein, iron and calcium while being low in fat. Tofu has been a staple of Asian and Chinese cuisine since the ancient times and has now become popular amongst other regions as well. Meat - While Chinese people tend to eat all kinds of eats ranging from duck, chicken, pigeon, beef to pork and mutton. They primarily tend to lean much more towards pork. With that basic knowledge, you are now ready to explore the Chinese recipes and experiment them one by one to find your next favorite dish! This book contains 25 of the best of the best Chinese recipes that you are going to find out there. Each of these recipes is carefully chosen to ensure that they are not too difficult to make, so you should find it be a breeze for you to experiment using them! Inside we collected only best of the best Chinese recipes for: Breakfast Lunch Dinner Desserts Snacks Isn't this great? What are you waiting for? Download your copy right away!

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Customer Reviews

Good Chinese recipes that you want to cook! I love the explanation of ingredients, the recipes for sauces and the easy to follow but creative and delicious recipes. I find cooking Chinese food to be intimidating, but with this cookbook, its all very easy and approachable. This book contains 25 of the best of the best Chinese recipes that you are going to find out there.

I did not see anybody in my life who is not fond of Chinese food and I am also one of those people who keep learning Chinese recipes. Mouth watering sweet and sour chicken has become the most favorite of mine.

this guidebook is super helpful . i was very much helped after reading this book. everyone must read this guidebook for sure

Excellent

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